

The 10th International Day of Yoga
“Yoga for Self and Society”

21st June 2024 (Friday), Time:02.30 PM to 3:30 PM



DR. S. K. TRIPATHY

SR. REGIONAL DIRECTOR
IGNOU RC BHUBANESWAR



DR. SATYANARAYAN MISHRA
RESOURCE PERSON

Topic- Yoga as a tool for
transformation of the self and
society



AJAYA KUMAR SAHOO
RESOURCE PERSON
Topic- Self Development through
Yoga



REETANJALI PRADHAN
RESOURCE PERSON
Topic- Yoga for holistic
development of self and society

Google meet link: <https://meet.google.com/ybu-qakc-zoi>

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